

## Professional Speaker Biography

Maddison Adimora is a nationally-accredited counselor that holds professional licensure in Texas. Maddison hails from her hometown of Houston, Texas, the fourth largest and soon to be third largest city of the country, and is a proud product of her environment. Maddison has been labeled by many systems as at-risk, under-privileged, under-served, marginalized, impoverished, vulnerable, and now she labels herself as opportunity-maker. Maddison's educational background includes grade school in Houston ISD, a BA in Sociology and Women's and Gender Studies from Texas A&M University in College Station, Texas and a MEd in Clinical Mental Health from Lamar University in Beaumont, Texas. Maddison has been doing what she describes as her passion work by serving in roles of non-profit leadership and development, education administration and college access, researcher in community mental health, data systems analysts in one of the largest community mental health agencies in the nation, and has her own private practice, iMINDS Counseling & Wellness, PLLC, where she provides psychotherapy services for the culture. Maddison describes her counseling philosophy as a culmination of life experiences that have led her to discover her love of the helping profession by always learning and implementing the best practices to assist clients to unlock their higher consciousness and restore peace. Maddison strives to answer her calling by advocating for the needs of the community of people that she grew up around and lives with that she calls family, friends, neighbors, community constituents, and fellow Houstonians. Maddison's goal is to change the face of counseling and the outlook of the world, one mind at a time.